



MAY SCHOOL LUNCH HERO DAY 2ND

5 Beef Meatball Grinder w/Marinara Sauce & Mozzarella	6 Chicken & Waffles	7 Turkey Walking Tacos	1 Beef Chili Cheese Dog	2 Cheesy Nachos
12 Chili Verde Fries w/Roll	13 Chicken Fettuccine Alfredo w/ Broccoli & Garlic Bread	14 Albondigas Soup w/Tortilla Chips	8 Mango Habanero Chicken Wings w/Mac & Cheese	9 Chicken Tortilla Soup w/ Chips
19 Ham & Cheese Grinder w/ Lettuce & Tomatoes	20 Spaghetti w/ Meatballs and Garlic Bread	21 BBQ Chicken Wings w/ Mac and Cheese	15 Turkey Grinder w/Lettuce, Tomato & Cheese	16 Green Chili Chicken Enchiladas w/Rice
 Memorial Day Remember & Honor	27 Mini Cheesy Pizza Sliders	28 Kung Pao Chicken w/Chow Mein Noodles	22 Green Chili Pozole w/Tortilla Chips	23 Bean & Cheese Pupusas w/Curtido
			29 LEADS' CHOICE! 	<u>Daily Milk Choices:</u> 1% White Milk Nonfat Chocolate Milk

Milor High School Daily Lunch Entrée Choices:

- ❖ Orange Chicken w/Seasonal Vegetables & Rice
- ❖ Teriyaki Chicken w/Seasonal Vegetables & Rice
- ❖ Buzz Burger (Tue. / Thu. only)
- ❖ Spicy Chicken Sandwich
- ❖ Yogurt Parfait w/Fruit & Granola

Daily Choices:

- ❖ Seasonal Fresh Fruit Options
- ❖ Frozen Fruit Cups (Tues. / Thurs.)
- ❖ Cool Tropics Variety (Mon. / Fri.)
- ❖ BBQ Beans
- ❖ Garden Salad
- ❖ Seasoned Potato Wedges
- ❖ Baby Carrots

Homemade Ranch Dressing | Ketchup | Mustard | Mayonnaise | Soy Sauce | Tapatio Sauce | Tajin

All grains are whole-grain rich. Students must select a ½ cup of fruit and or a ½ cup of vegetables with their meal.
Meals are offered with non-fat chocolate milk or 1% white milk.



Marketplace:

Monday: Protein Box

Tuesday: Spicy Chicken Salad
w/Tapatío Ranch Dressing

Wednesday: Crunchy Chicken
Wrap

Thursday: Chef Salad

Friday: Taco Salad

This institution is an equal opportunity provider.



*Milor
High*